

LEVEL 10 UNEVEN BARS QUICK REFERENCE GUIDE - USE THIS ORDER for SV

START VALUE (SV)

- **Base Start Value: 9.20 SV**
- **Value Parts: 2C 3B 3A**

SPECIAL REQUIREMENTS (SR) *Deduct 0.50 from the SV for each missing requirement.*

1. Flight element, minimum of "C" (excluding dismount).
2. Second, different flight element, minimum of "B" (excluding dismount).
3. Element with a Longitudinal Axis (LA) turn, minimum of "C" (excluding mount and dismount).
4. Salto dismount, minimum of "C"

BONUS: CONNECTION VALUE (CV)

0.1	0.2
C + C both elements with turn or flight Except 2 different 3/6/7 circles	HB to LB D/E + C 3/6/7 Circle to HS Pak, Pak 1/1, Cox, Ejova <i>MUST be this order</i>
C + D/E Not required to have turn or flight	LB to HB D/E + C 3/6/7 Circle to HS Shaposh, Chow, Maloney, Ramler <i>MUST be this order</i>
	D + D or more difficult

COMPOSITION CREDIT (CC) PRINCIPLES

- **Maximum CC: +0.30.**
- All awarded CC is added directly to the Start Value.
- Elements receiving Value Part (VP) credit may be used to fulfill CC, even if awarded with a fall or a spot on landing.

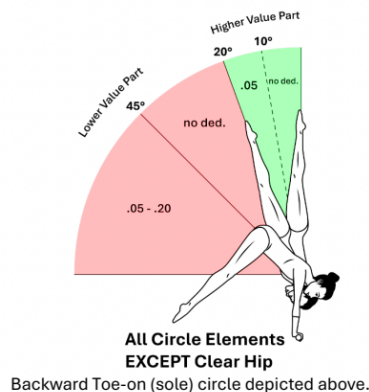
Difficulty +0.2	2 different D/E releases
OR	
Difficulty +0.1	1 D/E release
Dismount +0.1	D/E dismount or D/E connected to a C dismount

ADDITIONAL +0.1 BONUS ELIGIBILITY - Must have 10.0 SV

- An extra **+0.10 Bonus** (not included in the base SV) is awarded if the routine meets **all** of the following criteria:
 - Meets all Difficulty (VP), Special Requirements (SR), and Composition Credit (CC).
 - Achieves a minimum of 0.60 Total Bonus (TB).
 - Includes a minimum of a single bar "D" release element OR any "E" release element. (Not Dismount)

AMPLITUDE OF CIRCLE ELEMENTS (EXCEPT CLEARHIP)

- Up to -0.2 for angle of completion



RULES FOR RELEASES

- To receive Value Part Credit (VP) single bar releases and releases from LB to HB must touch the bar with one or two hands
- To receive Value Part Credit (VP) releases from HB to LB must touch the LB with TWO HANDS

SPECIFIC COMPOSITIONAL DEDUCTIONS

Each 0.10	UNCHARACTERISTIC ELEMENTS
<u>0.10</u>	FACING SAME DIRECTION THROUGHOUT
No Deduction <u>0.10</u> <u>0.20</u>	CHOICE OF ELEMENTS - 2/4 performed 1/4 performed 0/4 performed Forward Element, minimum B 3/6/7 Element, minimum B Element with min 180 LA turn, minimum C Single Bar Release, minimum D
Each 0.10	MORE THAN ONE SQUAT-ON JUMP TO HB
<u>0.20</u>	LACK OF 2 BAR CHANGES

DIFFICULTY VALUE CHANGES

Element	New Value	Old Value
5.403 - Ejova - HS on HB swing down forward in reverse grip to salto forward stretched with 1/2 turn in flight between bars to clear support on LB	E	D