



To provide professional development, leadership, and support to Texas NAWGJ members and to unify and promote women's gymnastics throughout the state.

Our first qualifying compulsory competitive weekend begins August 4. Our assigners will be busy assigning meets. To ensure their time is not wasted, please log into [GymJasTx](#) and update your availability as well as your membership renewal dates.



110 SafeSport:

It's time to renew your U110 SafeSport per the USOC expiration date. Please click [here](#) for important information about your course's expiration date.

You may click the USAG logo which takes you directly to the Safe Sport page. Or, register from your USAG profile page or the U110 SafeSport page.

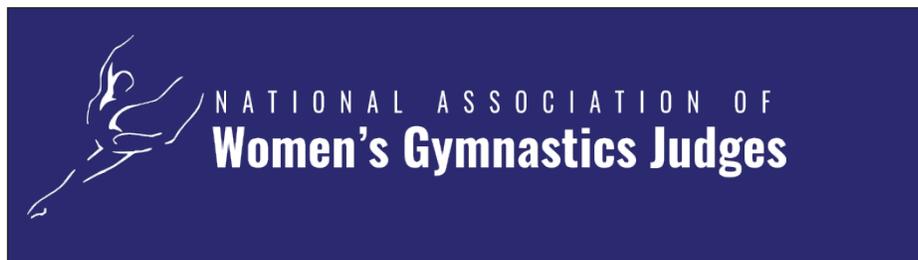


Memberships:

Ensure that your [USAG membership](#) is "active": *Click the USAG logo to login*

Your status will remain "pending" until all of the following are satisfied:

- USAG membership renewal
- Background Check (every 2 years)
- U101 Safety & Risk Mgmt (every 4 years)
- U110 USOC SafeSport (every year)
- USAG Safety and Response Policy (once)



Ensure that your NAWGJ membership is up to date:

- TX NAWGJ cannot assign you unless your membership status is "active"
- TX NAWGJ renews NAWGJ memberships for those who volunteer at least 3 hours at Judges Cup; your membership status must be "active" to receive this benefit.
- Check your membership status on the NAWGJ profile page.

Click [leaping lady](#) to be directed to the NAWGJ home page



Click **RULES** for 2023-2024 program

Compulsory Bars:

No deduction for coach standing between the Bars throughout exercise

COMPULSORY BARS LEVEL 5

Two (2) options allowed for the Level 5 Uneven Bar dismount;

- can perform the current Level 5 dismount of a flyaway, allowing a 10.0 Start Value (SV)

OR

- can perform the Level 4 dismount of TAP SWING FORWARD WITH ½ (180°) TURN, only allowing a 9.5 SV

EQUIPMENT – LANDING SURFACE

UB and BB apparatus set up over a loose foam pit is **NOT ALLOWED FOR COMPETITIONS**, unless the entire area (mount / dismount) is covered by a stable (wooden or metal) surface.

- Exception: UB and BB apparatus set up over a Resi pit is allowable if the landing surface is deemed firm by both Meet Referee and Meet Director prior to competition.

- All competition matting specs must be met when utilizing either of these options

EQUIPMENT - BOARD

A small “junior board” / preschool type board (35-5/8"x23-5/8"x9-1/2") is **NO LONGER ALLOWED** for all Development Program levels.- Levels 1 – 3 may use an alternative (trampoline-type) springboard

DEV PROGRAM

[National Development Program/Technical Committee Joint Meeting Minutes](#)

XCEL PROGRAM

[National Xcel Program/Technical Committee Joint Meeting Minutes](#)

OFFICIALS

INQUIRY REGULATIONS

At any sanctioned competition:

A Meet Referee may watch a video (if available) prior to the submission of an inquiry to determine if that inquiry should move forward.

*The video would follow the same criteria for submission of an inquiry, as stated in the R&P



JUDGES HOURLY RATE INCREASE

- USAG has approved a \$1.00 per hour increase for all judges' hourly rate for all Dev and Xcel ratings.
- Since payment begins 30 minutes prior to march-in, use this time responsibly to review rules and synchronize panels

MILEAGE REIMBURSEMENT

.655 cents per mile, effective 01-01-2023; next update 01-01-2024



NATIONAL NAWGJ YouTube CHANNEL

- Subscribe to the National NAWGJ YouTube channel
- Scored routines
- Acro pass evaluations
- Landing position evaluations
- Meet referee guidelines
- Many sessions from National Symposium
- **Note: you cannot use these recordings for CPE credit**

ATTIRE GUIDELINES

Updated Professional Attire Guidelines



JUDGES CUP PACKAGE FOR JUDGES

Judges' Cup for Judges

Annual CPE credits are required to be assigned to USA Gymnastics sanctioned events.

- CPE credits will be calculated in actual clock hours.
- Accreditation year is August 1 – July 31. Credits earned during the months of June and July may be used for the current or upcoming accreditation year.
- Only ½ of the required CPE Clinic credits can be earned from a “live” virtual/online clinic (not recorded).
- The other ½ of the required clinic hours must be earned from an in-person clinic setting.

CPE status is maintained at the state and national levels Status not reflected on the USAG profile page

Continuing Professional Education (CPE) Requirements

Highest Rating Held	CPE Hours Required per Accreditation Year	Required Clinic Hours per Year (as part of the Total)	Maximum Number of Clinic Hours allowed to carry forward to the next Accreditation Year
Level 4/5	12	6	2
Level 7/8	12	6	2
Level 9	16	8	3
Level 10	20	10	4
National	20	10	4
Brevet	20	10	4

Clinics listed on page 4



2023 CLINICS

- August 25, 2023 National Congress, San Jose, CA
- September 2, 2023 GAT, Austin, TX
- [Additional CPE clinics](#)

<https://www.usagymcongress.com/>
San Jose, CA
August 25 – August 27, 2023



USA Gymnastics
**National Congress
& Trade Show**

[Tentative list of lecture topics](#)

- Member club group pre-registration for \$200 ends 2023-08-07
- TX NAWGJ is offering a group discount



<https://gatx.org/>
Renaissance Austin, TX

- September 2 to September 3, 2023
- Guest presenter: Priscilla Hickey
- Annual TX NAWGJ membership luncheon and meeting (*no GAT registration required*)
- [Register](#)

National / USA Brevet Course

[2026 National Judge Course Eligibility Form](#)

[2026 USA Brevet Judge Course Eligibility Form](#)

2022 & 2023 NCAA sponsored Conference, Regional, or National competitions WILL BE ALLOWED to fulfill the volunteer credit requirements on form.

After August 1, 2023, only USA Gymnastics sanctioned events will fulfill the volunteer credit requirements on the form.