



NAWGJ Mission:

to provide professional development for its members and to support and promote women's gymnastics in the United States



April 2023

CONTENTS:

UPDATES & REMINDERS

EDUCATION

SafeSport Requirements for 2023



As far as USAG knows today, they do not recommend registering for the SafeSport renewal course until 2023-08-01.

If anything changes, we'll let you know.

[SafeSport link](#)

CPE Is Due

Submit your completed annual CPE form to [Bonnie Crawford](#) no later than 2023-05-31.

[Details](#)



New Practice Judging Requirements

Practice judging is now required when you test up to a new level.

[Texas Form](#)

Preparation

Everyone should prepare for each and every competition by reviewing the rules:

- Special Requirements
- Value Parts
- Unique situations

and by practice judging with compulsory, optional, and Xcel videos:

- [NAWGJ Practice Judging Videos](#)
- Many have scores

EDUCATION/CLINICS/CPE Opportunities



- 2023-06-16 Region 3 & 4 Congress, Cedar Rapids, IA
- 2023-06-24 Region 3 Training Camp, Texas Dreams, Coppell, TX
- 2023-07-14 NAWGJ Symposium, Grand Rapids, MI
- 2023-07-15 Region 3 Training Camp, CGI, Aurora, CO
- 2023-07-22 S&S College Bound, WOGA, Frisco, TX
- 2023-07-23 NAWGJ Houston clinic and test, Stars Gymnastics Sports Center, Katy, TX
- 2023-08-05 Region 3 Training Camp, Incline, Littleton, CO
- 2023-08-19 NAWGJ practice judging for tests, Crossfire Gymnastics, Boerne, TX
- 2023-08-25 National Congress, San Jose, CA
- 2023-09-02 GAT, Austin, TX

Volunteer Opportunities

Regional+ meets:

- 2023-04-28 – 04-30 XG Regionals @ TAV Houston Volleyball Club, Spring, TX
- 2023-05-05 – 05-07 L9 Westerns @ Idaho Central Arena, Boise, ID
- 2023-05-05 – 05-07 XPDSa Regionals @ Arapahoe County Fairgrounds and Event Center, Aurora, CO
- 2023-05-12 – 05-14 L10 Nationals @ Oklahoma City Convention Center, Oklahoma City, OK



Updated National and Brevet Course Forms

- [National form](#)
- [Brevet form](#)
- Due 2025-11-01

CODE UPDATES

<https://txnawgj.org/index.php/resources/cop-updates>

Compulsory Program Update:

- <https://usagym.org/pages/women/events/devcompulsories/>
- Updated **2023-02-08**

Development Program Code of Points Update:

- <https://usagym.org/pages/women/pages/jooptions.html>
- Updated **2022-12-05**

Xcel Code of Points Update:

- <https://usagym.org/pages/women/pages/xcel.html>
- Updated **2023-02-14**

New Xcel Sapphire Division Rules Overview:

- https://usagym.org/PDFs/Women/xcel/sapphire_rules.pdf
- Pilot program for Region 3



NAWGJ National Symposium 2023

<https://www.nawgj-symposium.com/>

Registration:

- <https://www.nawgj-symposium.com/event-details/nawgj-national-symposium-2023>
- Early bird (2023-03-02 through 2023-05-01): member \$260 / non-member \$320
- Regular (2023-05-02 through 2023-07-01): member 310 / non-member \$370
- On site (2023-07-02 forward): member \$360 / non-member \$420
- There is no group discount

Hotel Information:

- <https://book.passkey.com/event/50369936/owner/2529966/home>
- Amway Grand Plaza by Hilton
- \$159 per night
- Rooms are booking fast

Events and Activities:

- Pickleball tournament
- Scavenger hunt
- Duckpin bowling

>>> Contact [Bonnie Crawford](#) if you will be attending Symposium and would like to represent Region 3 in any of these competitions.

Region 3/4 Congress



<https://www.usagymrc.com/region-3-4/>

Cedar Rapids, IA
2023-06-16 – 2023-06-18

Price:

- Regular registration begins 2023-03-16 for \$150
- TX NAWGJ is offering a group [discount](#).



USA Gymnastics
**National Congress
& Trade Show**

National Congress

<https://www.usagymcongress.com/>

San Jose, CA
2023-08-25 – 2023-08-27

Price:

- Regular registration begins 2023-04-13 for \$200
- TX NAWGJ is offering a group [discount](#).



- Renaissance Austin, TX
- 2023-09-02 – 2023-09-03
- **Guest presenter: Priscilla Hickey**
- Annual TX NAWGJ membership luncheon and meeting (no GAT registration required)
- Test on Sunday
- Registration TBD

<https://gatx.org/>

TX NAWGJ State Committee 2021-2023 Members

Be sure to add sjd@txnawgj.org to your contacts, so that messages don't go to your spam folder. You may be missing something important.

If you have questions, please reach out to your state committee members.

Please thank them for their many volunteer hours and dedication to Texas gymnastics.

[Jack Dunlop](#) - District 1 Assigner and High School Coordinator

[Kevin Freeman](#) - District 2/3 Co-Assigner

[Amy Heidel](#) - District 2/3 Co-Assigner

[Denise Coats-Lauriat](#) - District 2/3 High School Assigner

[Stephanie Bell-Turner](#) - District 4/7 Assigner

[Erika Franklin](#) - District 5/6 Assigner

[Jennifer Porter](#) - Secretary/Newsletter Editor

[Tiffany Schwartz](#) - Treasurer

[Tracy Brewer](#) - Event Coordinator

[Bonnie Crawford](#) - State Judging Director (SJD)

About Texas NAWGJ

TX NAWGJ Mission

To provide professional development, leadership, and support to Texas NAWGJ members and to unify and promote women's gymnastics throughout the state.

TX NAWGJ | 4817 Woodcreek Court, North Richland Hills, TX 76180

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