



## NAWGJ Mission:

to provide professional development for its members and to support and promote women's gymnastics in the United States



February 2021

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## GYM -JAS

### KEEP YOUR AVAILABILITY CURRENT!

**\*\*If you have requested to be removed from a meet - make yourself UNAVAILABLE**

**\*\*If your plans have changed, and you are no longer available - make yourself UNAVAILABLE**

## WINTER STORM!

Our hearts, thoughts, and prayers go out to all of those who endured devastation during the recent winter storm. IF ANY OF OUR MEMBERS OR GYMNASTICS COMMUNITY IS IN NEED, PLEASE LET US KNOW HOW WE COULD HELP!

**#TexasStrong**



## TAAF STATE MEET APPLICATION

Due March 14th

<http://txnawgj.org/index.php/to-do/2021-03-14-taaf-avail-online>

## STATE MEET ASSIGNMENTS ARE POSTED!!

Specific event assignments are still TBA.

**[visit: txnawgj.org](http://txnawgj.org)**



## SUMMER COMPULSORIES!!

We will all be busy this summer learning the next cycle of compulsory routines!

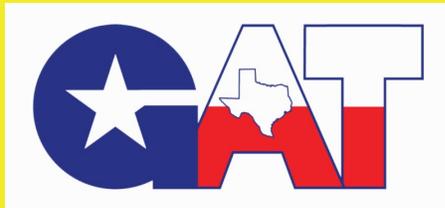
**TXNAWGJ will be reimbursing all current and active members for the cost of ONE compulsory book!**

\*You may send a receipt for the direct purchase of the book from USAG  
\*You may send a receipt for a master compulsory workshop or regional congress with which the book is included



**NEW  
2021**

Per the IRS - NEW MILEAGE RATE IS .56 /MILE



We're already prepping for an awesome summer of learning!

**Save the date!  
September 4-5, 2021:**

- Eric Pung - co-author of the new compulsory routines
- Brandi Smith - Physical Therapist at Perfect 10 Physical Therapy – How to relax, rejuvenate, and refocus between sessions
- THIS IS JUST THE BEGINNING!



**IMPORTANT UPDATE!  
DON'T JUDGE THE RUN!**

**Vault:**

The athlete run will NOT be scored for virtual AND in-person events for the 2020-2021 competition season.

This will affect the following deductions for the below level(s):

- Development Program (DP) Level 1: Only Up to 0.30 – Failure to maintain horizontal speed
- DP Levels 2 and 3: Both Up to 0.30 – Failure to maintain horizontal speed AND Up to 0.30 – Insufficient acceleration during the run

**About Texas NAWGJ**

**TX NAWGJ Mission**

To provide professional development, leadership, and support to Texas NAWGJ members and to unify and promote women's gymnastics throughout the state.

## **TX NAWGJ State Governing Board (SGB)**

If you have questions, please reach out to your SGB members.

Please **thank them** for their many hours of dedication to Texas gymnastics.

[Jack Dunlop](#) - District 1 Assigner and High School Coordinator

[Kevin Freeman](#) - District 2/3 Assigner

[Denise Coats-Lauriat](#) - District 2/3 High School Assigner

[Jenny Robinson](#) - District 4/7 Assigner

[Erika Franklin](#) - District 5/6 Assigner

[Jennifer Porter](#) - Secretary/Newsletter Editor

[Tiffany Schwartz](#) - Treasurer

[Laurie Skelton](#) - Event Coordinator

[Bonnie Crawford](#) - State Judging Director (SJD)