

Level 4 Beam Judging



Warm-up 1min. / Routine: 1min. 5sec. Warning 55 sec. - Fall 45 sec.

Attempts Dismount Falls & does not repeat
 ↑.60 ↑.30 Not attain vertical
 +.10 Not held 1 sec.
 +.20 Not perform 1/4 (90°) turn
 = .60 Incomplete element
 +.50 Fall
 = 1.10 Total Deduction

.10 Simultaneous hands
 ↑.30 Not attain vertical
 ↑.10 Not held 1 sec.
 .20 Not perform 1/4 (90°) turn
 ↑.10 1/4 turn inc. or over 90°
 ↑.10 Maintain hand contact until horizontal

↑.10 Not extend in support
 ↑.10 Continuity to stand
 .30 Doing a knee scale



.20

Front Support
Fish Pose

#

.10 Simultaneous hands
 ↑.30 Failure to pass thru vertical



.60
Cartwheel

#

.10 Incorrect leg position
 .30 Heel snap turn TQ



.40
1/2 (180°) Turn
Forward Passé

#

∅ Insuff. continuity between
 .05 Connection broken

.10 Not land feet same time
 ↑.10 Must land feet closed



.20
Stretch
Jump

#

↑.20 Uneven split
 ↑.10 Not land feet same time
 ↑.10 Must land feet closed



.40
Split Jump
120°

SCORE

.10 Not close legs
 .10 Staggered hands
 ↑.30 Not attain vertical
 ↑.10 Not held 1 sec.



.60
Cross
Handstand

SCORE

↑.20 Leg not horizontal
 ↑.10 Not held 1 sec.



.40
Scale Horizontal

SCORE

↑.10 Bending front leg
 ↑.20 Uneven split
 .05 No pause in arabesque



.60
Straight Leg
Leap 120°

SCORE



.60
Cartwheel to
Side Handstand
1/4(90° Turn)
Dismount

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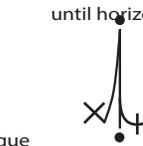
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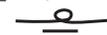
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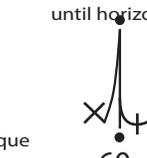
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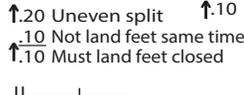
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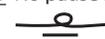


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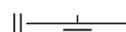
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